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# How can we get out of our comfort zones? An example of integrated research program

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## Abstract

In this key note I will address this workshop's questions of 'Why, What and How to integrate?' by demonstrating some examples of good collaborations where the researchers don't necessarily come with an "etiquette" from the start but function more fluidly in different roles and different work packages. That is also the question I believe is important to solve before putting together a team of researchers from different disciplines; How can we get out of our comfort zones?" This figure shows a flow of collaboration between different users, clients and servers as well as between different people such as different researchers, residents and the next generation. Kolen, Jan et al. 2015. HERCULES: Studying long-term changes in Europe's landscapes. ANALECTA PRAEHISTORICA LEIDENSIA 45.

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